

# **JCR and MCR Peer Supporters, Trinity 2025**

Peer Supporters are students trained to listen, offer a helping hand and guide you to the right support.

Whether you're feeling stressed, overwhelmed or just need a friendly ear, they are here to help, confidentially and without judgement. No question or issue is too small! Please reach out to them directly via email.

## **JCR Peer Supporters**



**Ewan Messenger** ewan.messenger@seh.ox.ac.uk

I'm a second-year geographer and the JCR Men\*s Welfare Rep. I am a huge fan of travelling and hiking!



Jess Milligan jessica.milligan@seh.ox.ac.uk

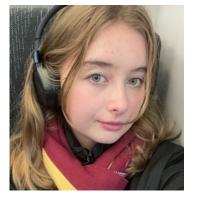
I'm a second-year Geography student. I've been pretty involved with the JCR for the last two years and I am one of the JCR Welfare Reps. I also swim in my free time and am currently the Editor-in-Chief of *The Oxford Blue*, so I know how busy and stressful Oxford can be. I am always around for a chat or a coffee so please reach out if you need to.



Kate Hartigan katelyn.hartigan@seh.ox.ac.uk

I'm a third-year at Teddy studying Experimental Psychology. You'll find me at lots of events at Teddy, but my personal favourites are Women's Welfare events like WOTH! I also love the sporty side of college and play in the netball and Women's football teams, which are both super welcoming and fun.





#### Leila Osborne-Millar

leila.osborne-millar@seh.ox.ac.uk

I'm a first-year German student. I can normally be found at an OUDS event or at German society, and I'm also the JCR Suspended Students and Academic Affairs representative.



### Mahrosh Saleem

mahrosh.saleem@seh.ox.ac.uk

I am a second-year History and French student. I hope to be a friendly face around college for anyone and everyone. I'm in college a lot and can probably be found in the Library or the graveyard if the weather's nice — or at knit and natter!



#### **Sandy Hudson**

sandy.hudson@seh.ox.ac.uk

I'm a Chemistry student. In life outside of chemistry (which, contrary to popular belief, exists), I'm involved in college rowing, skating and pub quizzing, and when all this is done I like to curl up in the Library or the park with a good book, or walk the dog. I'm generally found hanging around the college grounds or the Library Tower, and I'm always up for a chat about anything — feel free to come find me anytime.

### Simone Balakrishna

simone.balakrishna@seh.ox.ac.uk

I am a second-year History student with a keen interest in social and cultural history. I love theatre and am regularly involved with OUDS. As a previously rusticated student, I know first-hand the benefits of the Oxford welfare system and am happy to lend a supportive ear to anyone who might need it.



## **MCR Peer Supporters**

#### **Jasmine Laing**

jasmine.laing@psy.ox.ac.uk

I am a third-year DPhil student studying Experimental Psychology at Teddy Hall. I am particularly interested in supporting health and social care workers living with mental health disorders such as depression and PTSD through the use of evidence-based interventions. In my free time, I enjoy running, painting and spending time in nature. I am also the resident yoga teacher at Teddy Hall.



**Leah Tavasi** leah.tavasi@seh.ox.ac.uk

I'm a PhD student in Environmental Research in Archaeological Science and Geography. I completed my MSc in Archaeology at Oxford in 2021 and I'm in the university sailing team. In my free time I love to be on, near, in, or under the water!



**Leonardo Steinfeld**<a href="mailto:leonardo.steinfeld@seh.ox.ac.uk">leonardo.steinfeld@seh.ox.ac.uk</a>

I'm currently doing a DPhil in International Relations. Before coming here, I worked in international development in Ethiopia and Nigeria for five years. I'm always happy to have a chat with fellow postgraduates and undergrads alike, so please feel free to reach out anytime!



Piya Rajendra lokuwattage.rajendra@seh.ox.ac.uk

I'm a second-year Medical Sciences DPhil student working on emerging infections and blood safety. When I am not in the lab, I am usually making my way to Teddy Hall. It is the inclusive spirit and welcoming environment that continues to draw me back to college. I am also one of the MCR's Welfare Officers for 2025–26. Please feel free to get in touch if you ever need a chat!





## **Shivani Suresh** <u>shivani.suresh@seh.ox.ac.uk</u>

I'm a second-year DPhil student at the Department of Psychiatry. I am actively involved in life at Teddy Hall, as the MCR Welfare Rep (2024–25) and as a Visiting Student Junior Advisor. I am also the co-president of the Oxford South Asian Arts Society.